

Cruising Compendium



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Cruising Compendium





North West Venturer's cruise to Ireland, Scotland, France - and further afield.

Left: Off Bora Bora

Above: Village Bay, St. Kilda.

Even for local journeys, we need access to a lot of data, much of which requires some searching to find. This document offers recommendations and access to information of use for passages from Anglesey. If you think something is missing, let the Vice commodore know about it.

The decision to sail is your own, not the Club's. The Club and its OoD's, are not responsible for your safety.

Cruising Trophies

The Club awards a number of trophies, mainly donated by past members, both to recognise cruising achievement and to encourage further exploration.

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Тпорну	DESCRIPTION
Commodore's Cup	Awarded to the winner of the Senior Log Competition, for logs of cruises of 10 days duration or more.
Storm Trophy	Awarded in recognition of a sailing achievement by a relative newcomer to sailing.
Kioni Cup	Awarded to the winner of the Children's Log Competition, for logs of cruises of any duration.
Venturer's Cup	Awarded at the discretion of the committee (and not necessarily every year) for an outstanding sailing achievement during the year.
Junior Venturer's Cup	Awarded at the discretion of the committee (and not necessarily every year) for an outstanding achievement during the year by a Junior member.
Junkette Bowl	Awarded to the yacht which cruises to the furthest point of call from Anglesey around the coast of Ireland (North or South about).
St. Kilda Trophy	This is a plaque mounted on the wall of the clubhouse. It bears the name of every club yacht and skipper who visits St. Kilda. The trophy was presented by club members in 1979 as a memorial to Dick Partington, the Club's Training Officer for many years, whose boat, Lindora, was the first club boat to reach St. Kilda.

Passage Planning

INTRODUCTION

Going to sea in a boat is potentially dangerous and no amount of equipment will make sea-going safe if the skipper and crew are not fully competent or if conditions become extreme. However, the right equipment can help everybody to cope with danger and misadventure, so that the risks are reduced to an acceptable level.

Members are encouraged to register with the Coastguard CG66 scheme (http://mcanet.mcga.gov.uk/public/cg66/).

OVERALL PLANNING

- Start planning at home with small scale (paper) charts covering the entirety of each passage and adjoining waters. Make sure that charts are up to date by using the UKHO updating web site, (https://www.ukho.gov.uk/nmwebsearch/) or the equivalent Imray web site, (http://www.imray.com/corrections/).
- Identify dangers and highlight on charts.
- Check that you have all necessary plotter cartography and that all cards are still working in the plotter.
- Check that you have relevant pilots.
- Identify shipping lanes & Traffic Separation Schemes to plan transits, if possible, in daylight hours. Remember that TSS must be crossed at right angles (as viewed on RADAR).
- Identify alternative routings for different weather and tidal conditions. (A passage from Kilmore Quay to Holyhead can vary by up to 6 hours depending on the state of the tide at the departure point).
- Check sunrise and sunset times (for light identification) and soundings (which might give progress checks). Check moon rise and set to assess visibility at night.
- Identify bolt holes in case of severe changes in the weather.
- Check VHF MSI transmission times and MMSI numbers for Coastguard Operations centres (COC).
- Check all safety equipment.
- Transfer waypoints along track and at boltholes to plotter and/or charts
- Create an outline plan with distances and likely passage time for each leg.

TIDES AND TIDAL STREAMS

- Note the times and heights of tides at departure and destination.
- Note expected tidal streams at selected points along route. (Admiralty NP256 covers the Irish Sea)
- Identify limiting depths, overfalls, fast streams etc. which will create tidal gates.

AIDS TO NAVIGATION

- Confirm (from chart corrections) the light characteristics of all AtoN along route and towards boltholes.
- Check VHF working channels at all harbours and marinas en route.

DETAILED PLAN

- Check availability of large scale charts & pilots etc. for destination(s) and boltholes.
- Create hourly plot (allowing for tides) on passage chart using Admiralty Tidal Stream Atlases.
- Mark clearing lines for dangers along route
- Check depths at destination at ETA.
- Calculate worst case fuel requirements: gallons/hr; endurance vs passage time; allow 20% reserve.
- If going overseas, check:
 - Passports
 - Courtesy flags
 - Customs requirements at destination(s)
 - o Coastguard (Crosse) stations and weather transmission times
 - Overseas agents for essential equipment



Course Planner

Pl an	Date	

Depart Fron	n				Dest	ination	_		
ETD (Time)			Tide He	Tide Height ETA					Tide Height
Local HW (am)					Loca	l HW (a	m)		
Local HW (a					Loca	l HW (a	_ m)		
Dover HW					Dove	er HW	_		
			1 1		ı	ı	- I		
State of Tide		eap	 Mark	state with X		Spring			
FROM: Wa	ypoint		TO: Waypo	int		°T	ourse °M	Notes	
Hours Out	Clock Time	Tide State		Strength (Kn)	Direction	N	lotes		
ETD									
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
11									
12						\perp			
13									
14									



LOG

Passage Planning

PASSAGE START DATE	
--------------------	--

SKIPPER:	CHARTS REQUIRED:

CREW:

				Α	M		PM			
ETA/ETD	Location		HW	Ht	LW	Ht	HW	Ht	HW	Ht
		Depart								
		Dest'n								
Neap	Spring	DOVER								
R=3.3	Dover (mark X) R =5.9	Range								
	Range Height above LA	T @ ETA					Depth R	equired		
	9									

WAYPOINTS

Name	Position	Name	Position	Name	Position

FORECASTS

Time			
Area			
Wind			
Weather			

MSI BROADCAST TIMES

Schedule A: (12 hourly at 07xx/080xx and 19xx) Gale Warnings, Local Inshore waters forecast and outlook, Shipping Forecast, WZ Navigation Warnings including Negative Tidal Surge Warnings, SUBFACTS & GUNFACTS and the Three-Day Fisherman's Forecast, when and where appropriate.

Schedule B: (3 hourly from 01xx or 02xx).

Gale Warnings, Local Inshore waters forecast and outlook.

Α	١.	В		Ch.		Α	В		Ch.	
07	710	0110	Scillies	64	F	0730	0130	Moel-y-Parc	63	IS
07	750	0150	St Ann's	62	F, L	0730	0130	Caldbeck	63	IS
07	750	0150	Hartland	64	F, L	0730	0130	Langthwaite	62	IS
07	750	0150	Gt. Orme	64	IS	0730	0130	Snaefell	64	IS
07	750	0150	South Stack	63	IS	0730	0210	Slieve Martin	64	IS, M
07	750	0150	Blaenplwyf	62	IS	0730	0210	Greenock	62	IS, M
07	750	0150	Dinas Head	64	IS	0810	0210	Black Mt	63	IS, M

 \boldsymbol{F} - Fastnet: \boldsymbol{L} - Lundy: \boldsymbol{IS} - Irish Sea: \boldsymbol{M} - Malin

TIDAL RANGES

AL KA	NGES								
	Dover	Liverpool	Beaumaris	Holyhead	Milford Hn				
Springs	5.9	8.4	6.8	4.9	6.3				
Neaps	3.3	4.5	3.5	2.4	2.7				
0	1 1 1 5	1 1 1	10	F 1 1 1 1 1	eet)	25	30	1 1 1



LOG

DECK LOG

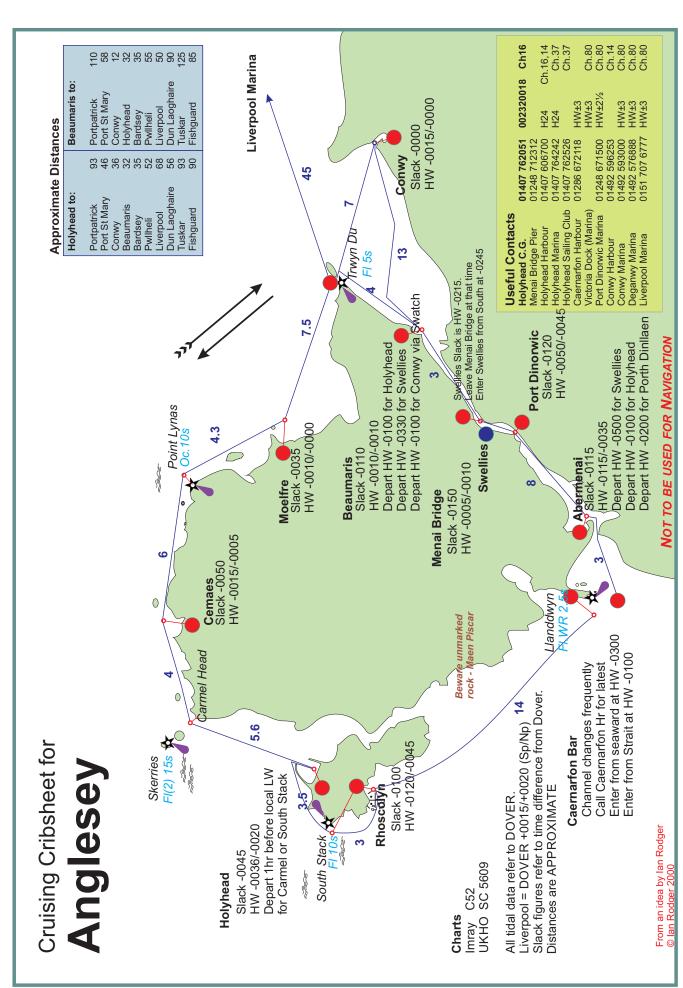
Time	Ε	Log	Depth	Baro	Wind	Weather	Lat	Long	Course

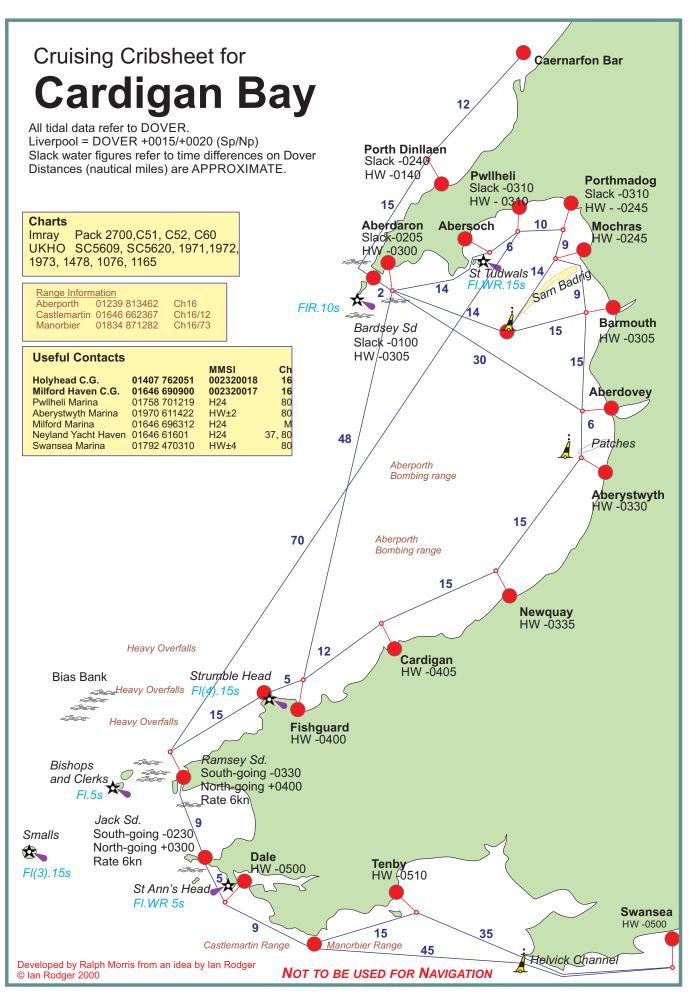
NARRATIVE LOG

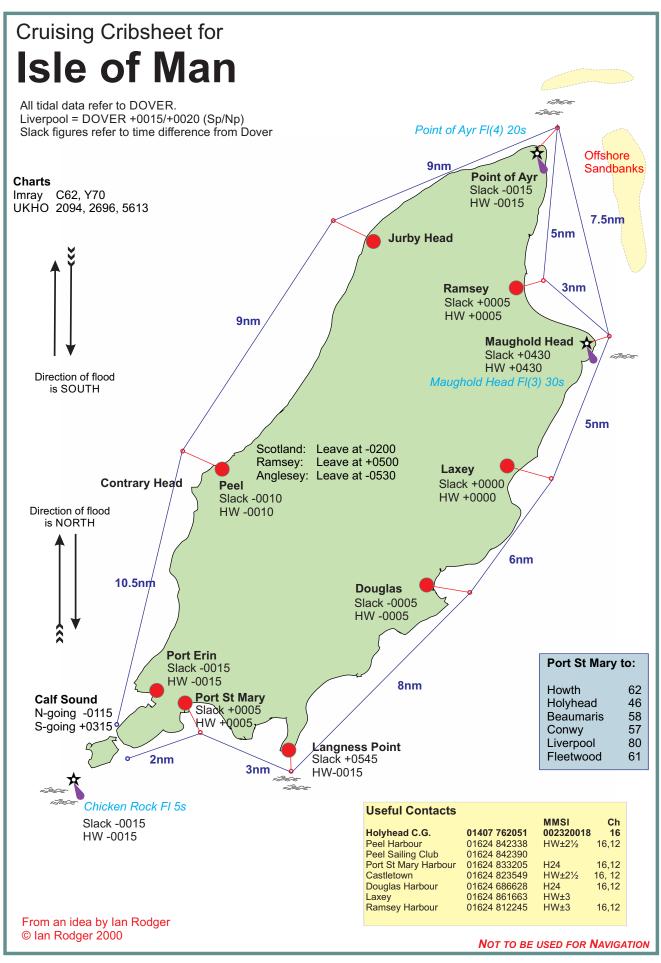
Time	Remarks

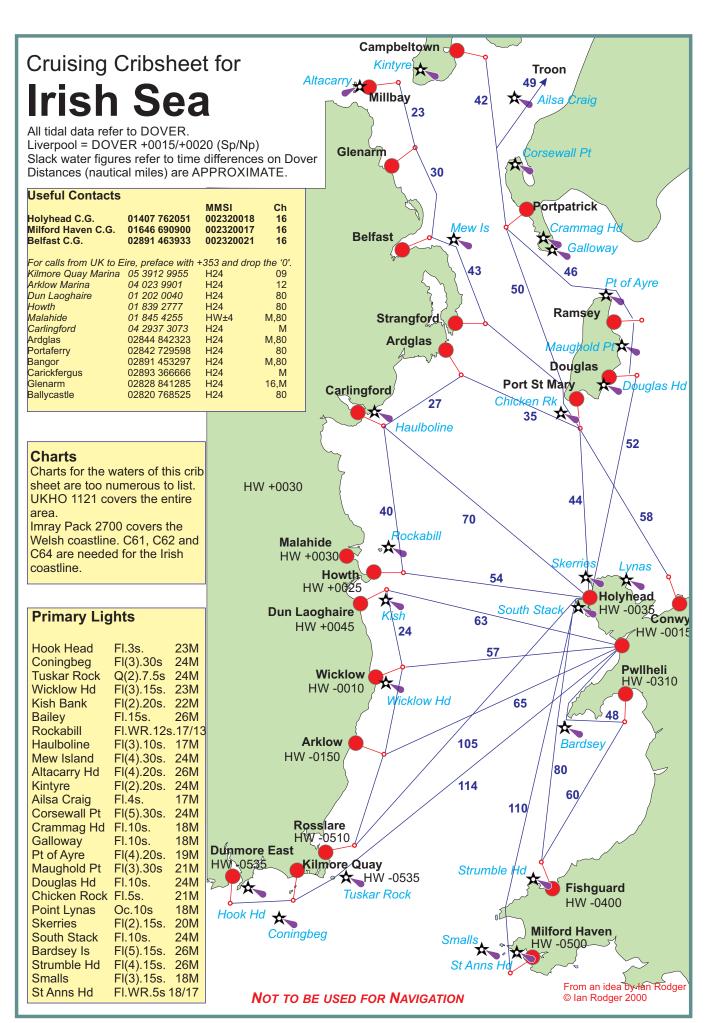
DAILY SUMMARY

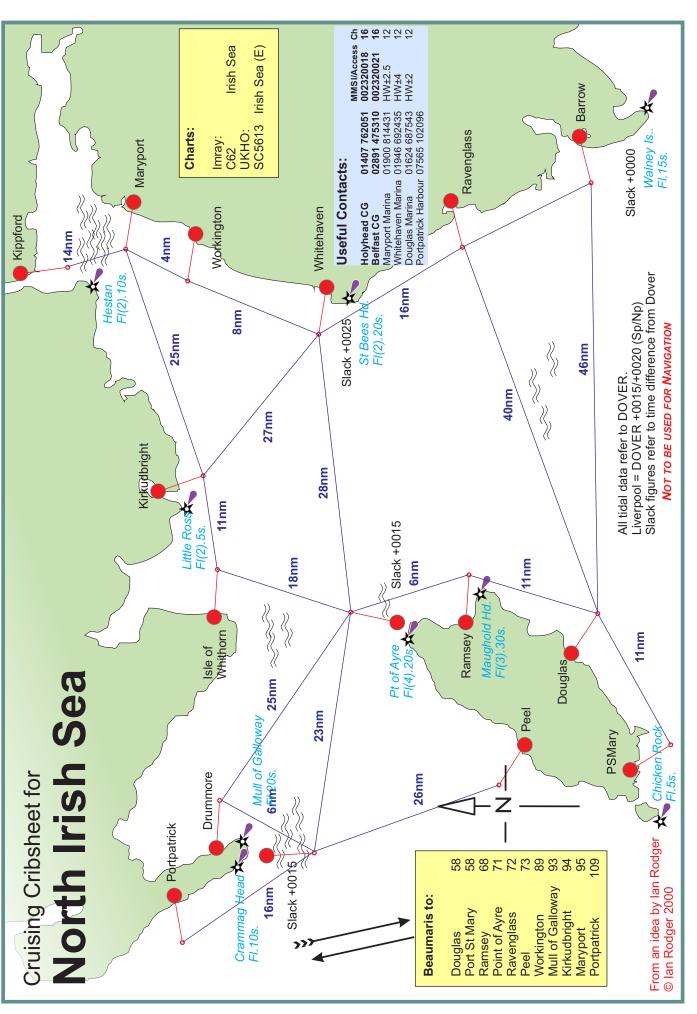
	Sailing Hours	Engine Hours	Distance (Sail)	Distance (Eng)	Average Speed	Fuel State	Water State
TODAY							
CUMULATIVE							











Harbour Contacts

Aberdovey harbour	01654 767626	07879 433148	16, 12
Barmouth harbour	01341 280671	07795 012747	16, 12
Castletown harbour	01624 823549	07624 451503	12
Caernarfon harbour	01286 672118		14
Conwy harbour	01492 596253		16, 14
Fishguard harbour	01348 873369	07721 860803	12
Holyhead harbour	01407 606700		14
Peel harbour	01624 842383	07624 495036	12
Port Erin harbour	01624 833206	07624 460096	12
Port St Mary harbour	01624 833205	07624 460096	12
Porthmadog harbour	01766 512927	07879 433147	16, 12

Marina Contacts

Aberystwyth marina	01970 611422		80
Ardglas (Phennick Cove)	02844 842332		M, 80
Arklow marina		(+353) 87 2588078	16, 8
Ballycastle marina	02820 768525		80
Bangor marina, NI	02891 453297		11, 80
Carlingford marina	(+353) 42 937 3072		M
Carrickfergus marina	02893 366666		M
Conwy marina	01492 593000		80
Deganwy marina	01492 576888		80
Fleetwood Haven marina	01253 879062		12
Glenarm marina	02828 841285	07703 606763	16, M
Greystones marina	(+353) 1 287 3131	(+ 353)86 2718161	M, 80
Holyhead marina	01407 764242		M
Kilmore Quay marina	(+353) 53 9129955		16, 09
Liverpool marina	0151 707 6777		80
Malahide marina	(+353) 1 845 4129		M, 80
Milford marina	01646 696312		14
Neyland Yacht Haven	01646601601		M, 80
Port Dinorwic Yacht Haven	01248 671500		80
Portaferry marina	02842 729598		80
Preston marina	01772 733595		80
Victoria Dock (Caernarfon)	01286 672118		80

Coastguard MSI transmissions

Two complete weather forecasts are transmitted each day (Schedule A), with Inshore forecasts (Schedule B) at three hourly intervals. Gale warnings are also transmitted when received.

Schedule A: (12 hourly at 07xx and 19xx)

Gale Warnings, Local Inshore waters forecast and outlook, Shipping Forecast, WZ Navigation Warnings including Negative Tidal Surge Warnings, SUBFACTS & GUNFACTS and the Three-Day Fisherman's Forecast, when and where appropriate.

Schedule B: (3 hourly from 01xx or 02xx).

Gale Warnings, Local Inshore waters forecast and outlook.

Transmissions in our area are:

1st	Aerial	Ch	Area	1st	Aerial	Ch	Area	
0110	Scillies	64	F	0130	Moel-y-Parc	63	IS	
0150	St Ann's	62	F, L	0130	Caldbeck	63	IS	
0150	Hartland 64	F, L		0130	Langthwaite	62	IS	F - Fastnet
0150	Gt. Orme	64	IS	0130	Snaefell	64	IS	L - Lundy
0150	South Stack	63	IS	0210	Slieve Martin	64	IS, M	IS - Irish Sea
0150	Blaenplwyf	62	IS	0210	Greenock	62	IS, M	M - Malin
0150	Dinas Head	64	IS	0210	Black Mt63	IS, M		

Flag Etiquette

Flag etiquette is a combination of law (what you must do) and maritime tradition (expectations of behaviour within the sea faring community). See RYA information. (www.rya.org.uk/infoadvice/regssafety/flagetiquette/Pages/febook.aspx).

- The ensign is the most important flag and is worn at the stern or mizzen masthead. No other flag may be carried in these positions. NWVYC yachts must wear the Red Ensign.
- Need not be worn offshore.
- Is hoisted at 0800 and lowered at sunset (or 2100 if sunset is later than 2100).
- Is not worn when racing.
- The club burgee, the most important flag after the ensign, is worn at the main masthead, or at the superior (top) position below the starboard spreader.
- Courtesy flags must be worn when in the territorial waters of foreign countries. Isle of Man and Channel Islands count as foreign in this context -Wales, Scotland & Northern Ireland do not.
- They are carried on the starboard spreader, superior to any other signal flags. This creates a conflict with the burgee, normally resolved by wearing the burgee below the courtesy flag(s).
- In Brittany it is usual to fly the Breton flag immediately below the French flag.
- The Q-flag (for Customs clearance) need not be flown when entering EU countries from another EU country (including UK). It is required when entering the Channel Islands (or entering the UK from the Channel Islands). Form C1331 from www.gov.uk/government/publications/import-and-export-pleasure-craft-on-non-euvoyages-leaving-or-arriving-in-uk-c1331 is required.
- House flags (e,g, RNLI, RYA) are flown from the port spreader in order of seniority.





DRESSING OVERALL

[Bow] EQ3G8Z4W6P1 I Code TBX 1st H 3rd DF 2nd UAOMR2J0N9K7V5LCS [Stern]

Split after "3rd" on sloop: split after I and 2nd on ketch.

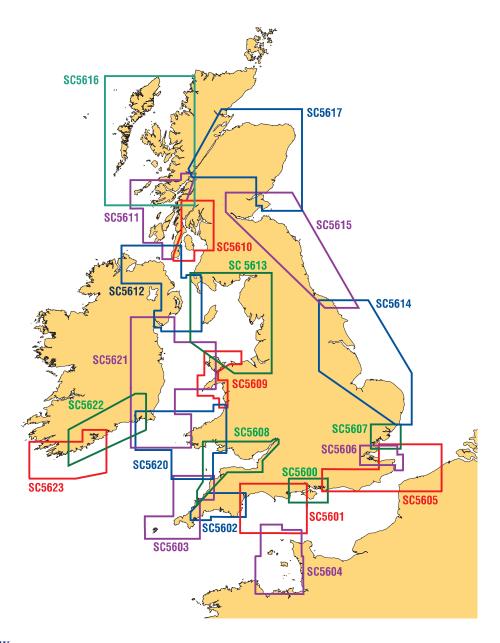
Commodore does not dress overall but wears ensign at both masthead and stern.

Chart Catalogues

ADMIRALTY

The UKHO publishes "Small Craft" or "Leisure" folios for regions around the UK coast. These comprise several sheets (up to 12 or more) of paper charts at varying scales to include harbour plans as well as passage charts.

The folio most local to Anglesey is SC5609. To cover all Club sailing waters additional folios are needed.

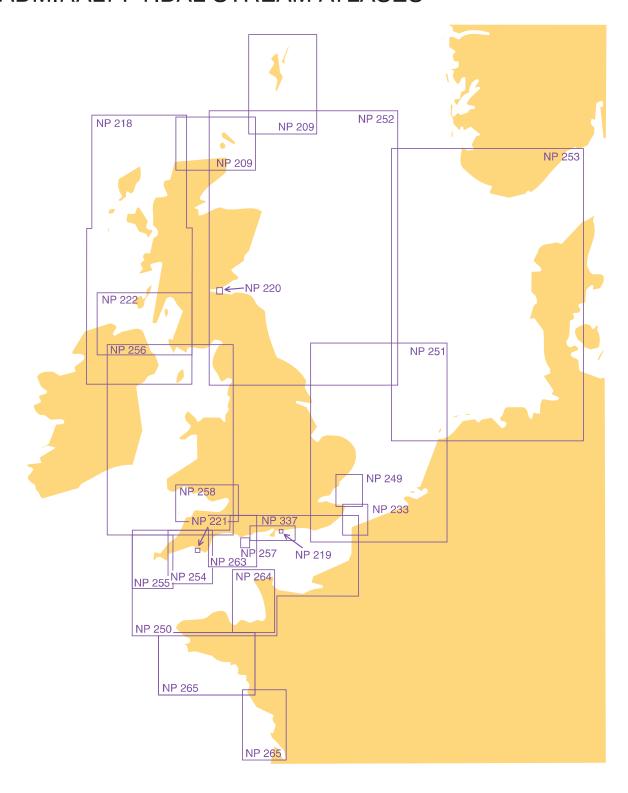


IMRAY

Imray charts include harbour plans and a single chart covers much of the territory covered by a UKHO SC folio. Their charts for NWVYC waters are C52 (Cardigan Bay to Liverpool), C62 (Irish Sea), C61 (St George's Channel) and Y70 (Isle of Man).

They have no written catalogue, but present their charts via an interactive online graphic: www.imray.com/imraycharts.php

ADMIRALTY TIDAL STREAM ATLASES



TIDAL STREAM ATLAS - NW Europe

NP 209 Orkney and Shetland Islands

NP 218 North Coast of Ireland and West Coast of Scotland

NP 219 Portsmouth Harbour and Approaches

NP 220 Rosyth Harbour and Approaches

NP 221 Plymouth Harbour and Approaches

NP 222 Firth of Clyde and Approaches

NP 233 Dover Strait

NP 249 Thames Estuary (with co-tidal charts)

NP 250 The English Channel

NP 251 North Sea, Southern Part

NP 252 North Sea, North Western Part

NP 253 North Sea, Eastern Part

NP 254 The West Country, Falmouth to Teignmouth

NP 255 Falmouth to Padstow, including the Isles of Scilly

NP 256 Irish Sea and Bristol Channel

NP 257 Approaches to Portland

NP 258 Bristol Channel (Lundy to Avonmouth)

NP 259 Irish Sea, Eastern Part

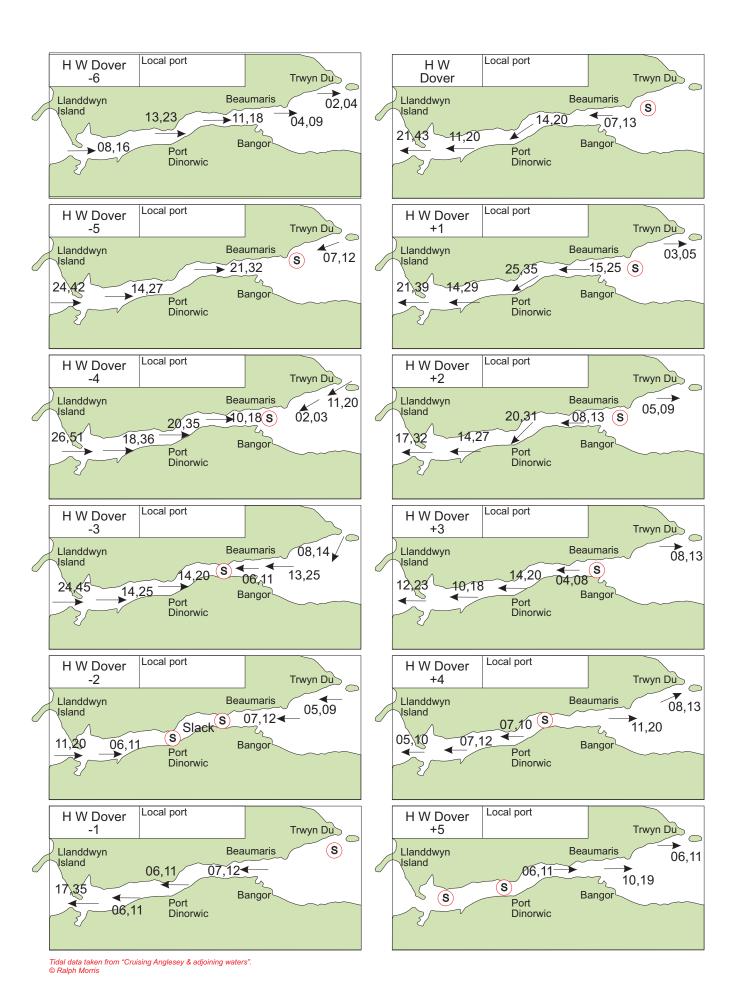
NP 263 Lyme Bay

NP 264 The Channel Islands and adjacent Coast of France

NP 265 France, West Coast

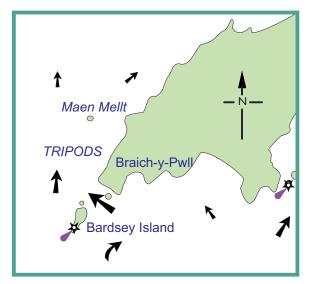
NP 337 The Solent and adjacent waters

Tidal Streams Menai Strait

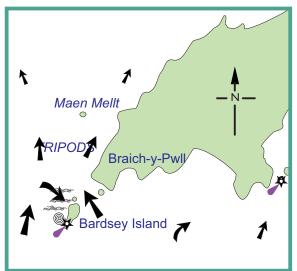


BARDSEY SOUND

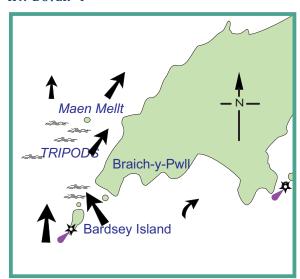
HW Dover -6



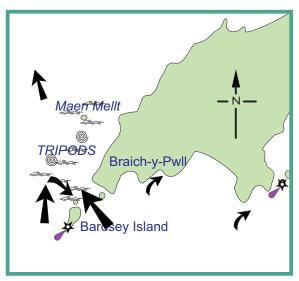
HW Dover -5



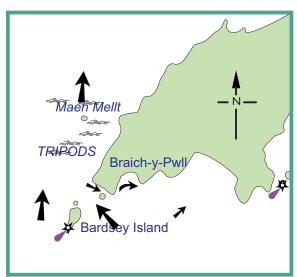
HW Dover -4



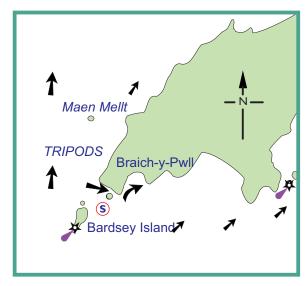
HW Dover -3



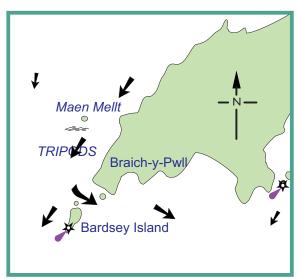
HW Dover -2



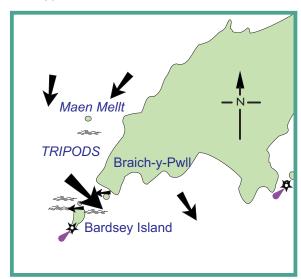
HW Dover -1



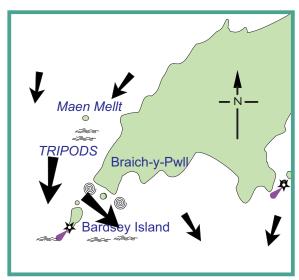
HW Dover



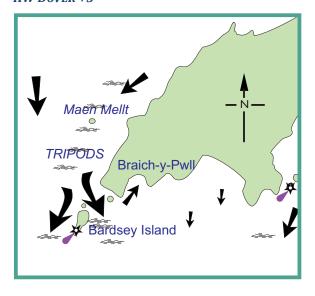
HW Dover +1



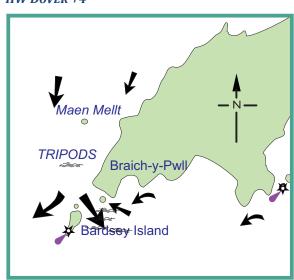
HW Dover +2



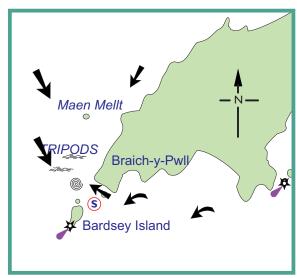
HW Dover +3



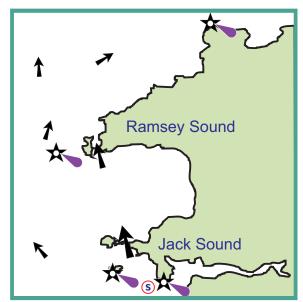
HW Dover +4



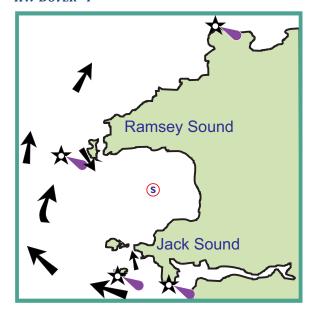
HW Dover +5



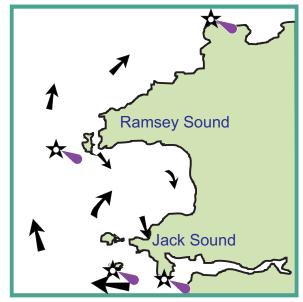
HW Dover -6



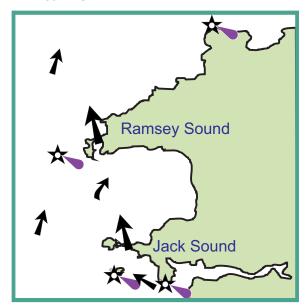
HW Dover -4



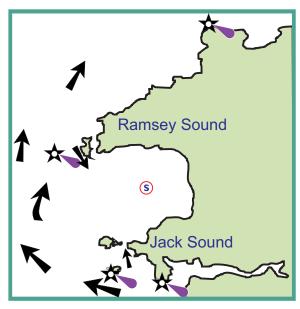
HW Dover -2



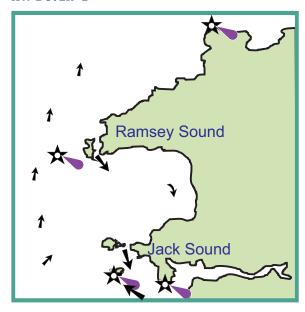
HW Dover -5



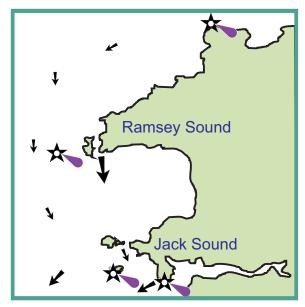
HW Dover -3



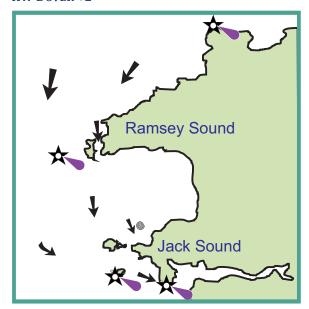
HW Dover -1



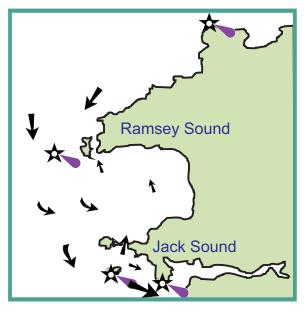
HW Dover



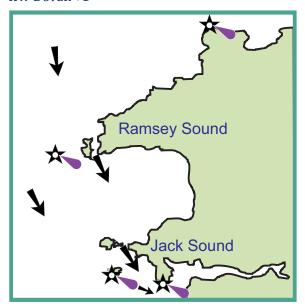
HW Dover +2



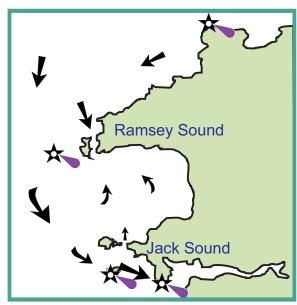
HW Dover +4



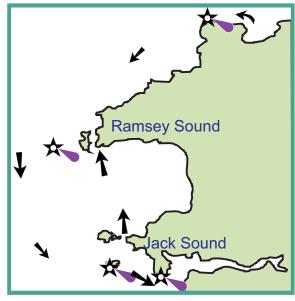
HW Dover +1



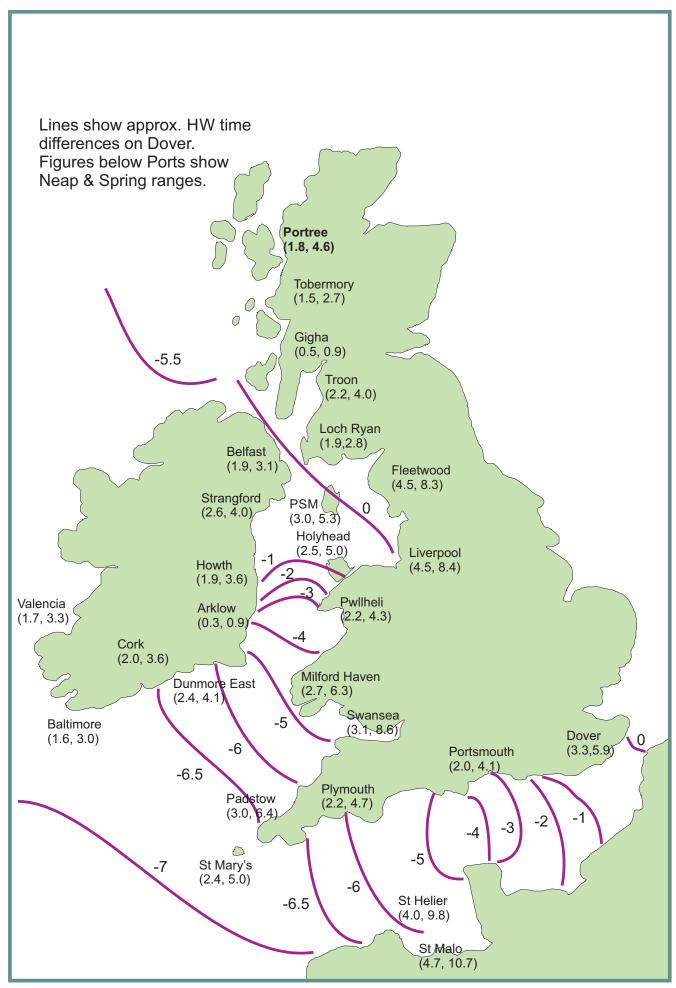
HW Dover +3



HW Dover +5



Tidal Differences



ON DOVER

England — South Coast

Lingiana South Co	ast				Liigiai	id West Coast				
Isles of Scilly		-0	0635			Barrow in Furness		+0025	,	
Penzance		-0	0635			Liverpool		+0015	,	
Falmouth		-0	0610		Isle of	Man				
Fowey		-0)555			Douglas		+0015	,	
Plymouth		-0)540		Wales	;				
Salcombe		-0	0535			Holyhead		-0050)	
Dartmouth		-0	0505			Aberystwyth		-0330)	
Torquay		-0	0500			Fishguard		-0400)	
Exmouth App	roaches)445			Milford Haven		-0500		
Lyme Regis			0450			Swansea		-0500		
Portland			0430		Fnglar	nd — West Coast		0500		
Portsmouth			0020		Liigiai	Avonmouth		-0410)	
Newhaven			0000			llfracombe		-0525		
England — East Coas	.+		0000			St. Ives		-0323		
Ramsgate) L	Τ.	0020		Irelan			-0010	,	
Sheerness					Irelani	u Rosslare		0525		
			1 30					-0525		
Burnham—on	ı—Crouci)115			Wicklow		-0020		
Brightlingsea			0050			Dublin Bar		+0015		
Harwich			0040			Lough Carlingford		+0010		
Lowestoft)145			Strangford Lough		+0200		
Hunstanton			0455			Belfast		+0010		
Spurn Point)550			Londonderry		-0300		
Bridlington		+()545			Lough Swilly		-0455	,	
Whitby			0500			Killybegs		-0530)	
North Shields		+0	0430			Broadhaven		-0533	3	
Scotland — East Coa	st					Galway		-0510)	
Leith		+0	0340			Tarbert Island		-0535)	
Dundee		+0	0350			Bantry		+0555		
Aberdeen		+0)220			Cobh		-0600)	
Inverness		+0	1 00		Chann	nel Islands				
Wick		+0	0015			Alderney Braye		-0410)	
Orkney and Shetland	d I					Guernsey St Peter	Port	-0450)	
Kirkwall		-0	0040			Jersey St Helier		-0455		
Lerwick		-0	0010		France					
Outer Hebrides						Brest		+0510)	
Stornoway		-0	0420			Calais		+0025		
Castle Bay			0510			Boulogne		0000		
Scotland — West Co	ast	·	70-10			Dieppe		-0035		
Ullapool		_(0415			Le Havre		-0120		
Portree			0440			Cherbourg		-0320		
Fort William			0505			St Malo		-0515		
Tobermory			0510			Les Heaux de Breh	nat	-0525		
Oban			0510			Morlaix	iat	-0610		
Campbeltown			0045			Ouessant (Ushant	١	+0505		
Rothesay			0100			Ouessaint (Oshant	,	10303	,	
Stranraer			0055							
Strainaer		+(0033							
ON BREST	HW		LW							
ON BREST	0000	0600	0000	0600	Le	e Palais	-0005	-0025	-0025	-0010
	1200	1800	1200	1800		oedic	+0010	-0035	-0025	-0020
L'Aber Wrac'h	+0030	+0039	+0040	+0035		ort Haliguen	+0010	-0020	-0015	-0010
Camaret	-0010	-0010	-0015	-0010		Trinite	+0025	-0020	-0015	-0010
Morgat Douarnenez	-0005 -0010	-0010 -0010	-0020 -0020	-0005 -0010		ort Navalo	+0030 +0010	-0005 -0025	-0010 -0025	-0005 -0030
lle de Sein	-0010	-0010	-0020	-0010		rouesty enerf	+0010	-0025	-0025	-0030
Audierne	-0035	-0030	-0035	-0030		rehiguier	+0035	-0020	-0005	-0010
Benodet	-0000	-0020	-0025	-0015		e Croisic	+0015	-0040	-0020	-0015
Loctudy	0010	-0030	-0030	-0020		e Pouligen	+0020	-0025	-0020	-0025
Concarneau	-0010	-0030	-0030	-0020		ornichet	+0020	-0045	-0022	-0022
Le Foret	-0010	-0030	-0030	-0020		t Nazaire	+0030	-0040	-0010	-0010
Port Tudy Lorient	-0000 +0005	-0025 -0020	-0025 -0020	-0015 -0010		ornic binville, lle d'Yeu	-0050 -0040	+0030 +0015	-0010 -0030	-0010 -0035
Etel	+0003	-0020	+0030	+0010		es Sables D'Olonne			-0030	-0035
 -	3020	2010	3000	3010			2000	3013	2000	5555

England — West Coast

Recommendations for Safety Equipment

The safety of a yacht and her crew is the responsibility of the skipper!

The recommendations which follow have been drafted for yachts (generally between 8.0m and 13.7m) which are unlikely to be more than 12 hours from a harbour or suitable anchorage, but with wave heights likely to exceed 2m (the limit for Category D waters). That is, the conditions in which a Venturer's cruiser is most likely to find herself.

The Club cannot take responsibility for any mishap to a yacht following these guidelines, however it may be caused.

The recommendations represent MINIMUM requirements and many skippers will carry additional kit such as spare anchors & warps, EPIRBs and hand-held VHF sets.

MEANS OF PROPULSION

Yachts should have:

- a deep reef in the main which will reduce the luff to 60% of full hoist or a storm trysail.
- a storm jib.
- an isolated battery whose sole purpose is to start the engine or means of hand cranking the engine.

ANCHORS

Anchors and chain should be at least as heavy as those recommended by the RYA. Jimmy Green Marine has an excellent guide (www.jimmygreen.co.uk/p/technical/chandlery-technical-articles/anchor-size-guide). A yacht should carry:

- at least TWO anchors for bower and kedge.
- adequate chain or chain & warp for the waters in which it is sailing. Around Anglesey that equates to a minimum of 30m chain or 50 warp, of suitable size.
- anchor fittings which include:
- a fairlead at the stem capable of being closed over the anchor chain (or warp).
- a strong point on the foredeck a mooring cleat, sampson post or anchor winch securely fitted to the structure of the hull.

BAILING & BILGE PUMPING

Bailing equipment should be chosen with the strength of the crew in mind.

- A small hand bailer.
- Buckets (2) of between 9 litres (1.2 galls) and 14 litres (3 galls) fitted with a lanyard and a strongly secured handle.
- Hand bilge pumps (2) (or one electric, one hand) discharging overboard and capable of being operated with all hatches closed.
- All through-hull fittings should be capable of being closed with attached softwood plugs.

DETECTION EQUIPMENT

- Radar reflector, properly mounted.
- Fixed navigation lights.
- Foghorn (and spare cartridge).
- Powerful torch (preferably waterproof).
- · Anchor light.
- Daytime signals
- Motoring cone (for motor-sailing).
- Anchor ball.

FIRE FIGHTING EQUIPMENT

- Fire blanket (BS EN1869) placed for use in the galley.
- A minimum of two (2) and preferably three (3) multi-purpose fire extinguishers (of minimum rating 5A/3B (to BS EN34) Foam or dry powder, for example) or two 5A/3B and one larger 13A/113B on bigger boats.

PERSONAL SAFETY EQUIPMENT

The following items should be available for every person on board:

- Warm clothing, oilskins, seaboots and hat.
- A lifejacket of 150 newtons buoyancy (BS EN 396).
- Light attached to lifejacket.
- Safety harness to EN1095 (BS4474 for children).

Pyrotechnics

It is no longer a SOLAS requirement for yachts under 13.7m to carry flares and the withdrawal of facilities to dispose of old flares makes it inadvisable to carry them.

RADIO

- Receiver capable of receiving shipping forecasts on LW (incl. 198khz) and from local radio stations. In the Irish Sea this also includes Irish (RTE1).
- A marine band VHF radio telephone capable of transmitting 25w.
- Emergency aerial for the VHF R/T.

NAVIGATIONAL EQUIPMENT

Increasingly, integrated electronic equipment is reducing the apparent necessity for basic navigation gear. However, complete power failure in the most adverse weather conditions (fog) must be assumed when equipping a yacht for any form of passage, however short. The following should be carried as a matter of course.

Other Club boats must not be relied on to provide assistance.

- Charts (corrected to latest Notices to Mariners) covering the intended cruising area and all adjacent coasts where stress of weather might force the yacht to go.
- Tide tables and pilots covering the same areas.
- Fixed steering compass, capable of being lit at night.
- Hand bearing compass (at least one).
- Surface suitable for use as nav. table, with plotting instruments and dividers.
- Echo sounder and/or leadline.
- · Distance Log.
- Binoculars (at least one pair).
- Radio navigation system (GPS).
- Barometer.
- Accurate Clock in addition to GPS clock.

FIRST AID & MEDICAL

A first aid kit should be carried, containing:

- Dressings, bandages and lotions.
- Seasickness remedies, painkillers, anti-emetics.
- Manuals, from Red Cross or St. John Ambulance for instance. Additional information about medical care overseas (EHIC form, from Post Offices), vaccinations etc. is available from GP's and the Health Travel Line (http://www.nhs.uk/NHSEngland/Healthcareabroad/EHIC/Pages/about-the-ehic.aspx).

GENERAL EMERGENCY EQUIPMENT

- An emergency grab-bag containing food, navigation aids and medical supplies.
- An inflatable liferaft, either designed or adapted for use as such.
- Horse-shoe lifebelts with drogue, fitted with self igniting lights (2).
- Buoyant heaving line at least 30m in length.
- Boarding ladder.
- Dan buoy (NOT attached to yacht).
- Emergency tiller on wheel steered yachts.
- Towing warp (12/14 mm, at least 30m in length) or equivalent anchor warp.
- Mooring warps and fenders.
- Tender rigid or inflatable.
- Tool kits for: Engine, Electrics, Sails, General.

- Spares for engine, electrics, sails and bosun's bag (shackles, blocks, winch springs, clevis pins, split pins, assorted nuts & bolts etc.)
- Emergency water supply, isolated from main tank.
- Emergency hull repair materials.
- Waterproof torch
- Bosun's chair (BS EN813 1997)

Publications

These recommendations are for guidance. For more detail skippers should purchase a copy of RYA booklet, "Boat safety" (G103). www.rya.org.uk/shop/pages/product.aspx?pid=G103(RYADefaultCatalog))

CHARTS & GUIDES

IMRAY

- Chart C52 covers most of the regular cruising grounds.
- C61 St George's Channel
- C62 Irish Sea
- Y70 Isle of Man
- Pack 2700 provides detailed chartage for West Wales (and across to Rosslare) up to Blackpool.

ADMIRALTY (UKHO)

The Admiralty charts for the areas included in the Club programme are:

Chart	Title	Scale
SC5609	Leisure Folio - North Wales	-
SC5910	Tough Folio - Anglesey & Lleyn Peninsula	
1411	Irish Sea - Western Part	200,000
1413	Approaches to Holyhead	25,000
1463	Conwy Bay and Approaches	25,000
1464	Menai Strait	25,000
1512	Plans on the Lleyn Peninsula	-
1826	Irish Sea - Eastern Part	200,000
1951	Approaches to Liverpool	25,000
1953	Approaches to the River Dee	25,000
1970	Caernarfon Bay	75,000
1971	Cardigan Bay - Northern Part	75,000
1977	Holyhead to Great Ormes Head	75,000
1978	Great Ormes Head to Liverpool	75,000
2011	Holyhead Harbour	6,250
2094	Kirkcudbright to Mull of Galloway and IoM	100,000
2696	Plans in the Isle of Man	-

See also p12 for a link to the relevant chart catalogues.

PILOTS AND SAILING DIRECTIONS

•	'Cruising Anglesey and adjoining waters',	Ralph Morris**, published by Imray
•	ʻIrish Sea Pilot'	David Rainsbury, published by Imray
•	'Isle of Man Sailing Directions'	Manx Sailing & Cruising Club
•	'Firth of Clyde Sailing Directions'	Clyde Cruising Club.
•	'East & North coasts of Ireland'	Irish Cruising Club

** Club member

VHF Emergency Sheet

The next two pages contain sheets which may be displayed in the yacht.

The Emergency sheet is intended to be placed near the VHF radio so that inexperienced crew can make RT calls in an emergency. Space has been left to add the name of the yacht.

In the adjoining example, the left half of the sheet describes routine calls. The right hand side is the Emergency part.

It is a SOLAS requirement that vessels carry a guide to Distress Signals. Thie following sheet has been accepted by MCA as suitable for carriage on yachts.

Ocean Breeze

Oscar Charlie Echo Alpha November Bravo Romeo Echo Echo Zulu Echo

Use Channel 16 for HAILING

with lowest power capable of reaching target

- Listen 30 secs. for other users before depressing
- Wait 2 secs before speaking (to allow scanning sets to lock to channel)

NONSUCH NONSUCH

OCEAN BREEZE, OCEAN BREEZE

- Wait at least 30 secs before repeating the call.
 After establishing contact, or when replying to a call, reduce repetition of boat name to a minimum.
- reduce repetition of boat name to a minimum.

 Check that channel [xx] you are going to offer is free.

 NONSUCH OCEAN BREEZE Channel [xx]
- Wait for station to confirm channel then transfer.

MTVH7 MMSI: 232003838

Mike Yankee Victor Hotel Seven

USE Channel 16 FULL POWER for ALL emergency traffic.

MAYDAY MAYDAY MAYDAY All stations All stations all stations this is

OCEAN BREEZE, OCEAN BREEZE MAYDAY OCEAN BREEZE

My position is [Lat] [Long] from GPS fix There are [xx] persons on board Our problem is [......] I require immediate assistance

Wait 30 secs for Coastguard Station to respond before repeating the call.

VHF Channel designations

Channel 16 Hailing & Emergency ONLY

Coastguard 10, 67, 73 (Simplex), 84, 86 (Duplex) Marinas 37 (Simplex), 80 (Duplex)

84, 86 (Duplex) Bridge to 37 (Simplex), 80 (Duplex) Port Ope

Channel 70 Reserved for DSC. DO NOT USE

 Yacht to yacht
 6, 8, 72 - 77

 Bridge to Bridge
 13

 Port Operations
 9, 11, 12, 14



Use Channel 16 for HAILING

with lowest power capable of reaching target

Listen 30 secs. for other users before depressing microphone switch.

0

0

Wait 2 secs before speaking (to allow scanning sets to lock to channel)

NONSUCH NONSUCH

this is

Wait at least 30 secs before repeating the call. After establishing contact, or when replying to a call,

0

reduce repetition of boat name to a minimum. Check that channel [xx] you are going to offer is free.

NONSUCH Channel [xx] Wait for station to confirm channel then transfer.

0

USE Channel 16 FULL POWER for ALL emergency traffic.

PRESS & hold red DSC button for a count of 5
Select Ch.16 and say:
MAYDAY MAYDAY MAYDAY
All stations All stations
this is

MAYDAY

My position is [Lat] [Long] from GPS fix There are [xx] persons on board Our problem is [......]

I require immediate assistance

Wait 30 secs for Coastguard Station to respond before repeating the call.

VHF Channel designations

16 Hailing & Emergency ONLY

Coastguard

Channel

Marinas

10, 67, 73 (Simplex), 84, 86 (Duplex) 37 (Simplex), 80 (Duplex)

Channel 70

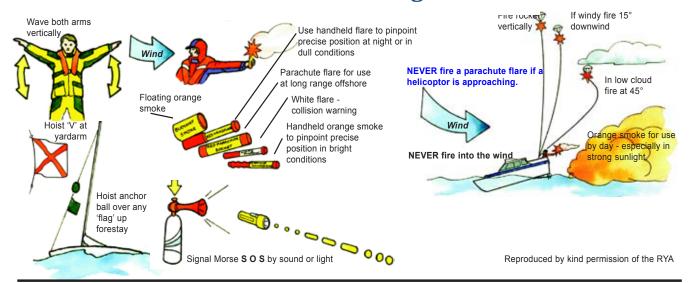
6, 8, 72 - 77 **e** 13

Reserved for DSC. DO NOT USE

Yacht to yacht Bridge to Bridge

Port Operations 9, 11, 12, 14

SOLAS Distress Signals



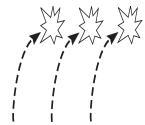
LIFE SAVING SIGNALS

Search and Rescue Unit Replies

You have been seen, assistance will be given as soon



Orange smoke flare



Three white star signals or three light & sound rockets fired at approx. 1 minute intervals.

Shore to Ship Signals









Vertical waving of both arms, white flag, light or flare

Unsafe to land here. Additional signals mean safer landing in direction indicated





Horizontal waving of white flag, light or flare. Morse S. Putting one flag, light or flare on groundand moving off with a second indicates direction of safer landing.

Surface to Air Signals

Message	International Code of Signals	ICAO Visual Signals
I require assistance	v 🗙 ···-	V
I require medical assistance	W 🔳 -	— W
No or Negative	N 🔛	N
Yes or affirmative	c <u> </u>	- Y
Proceeding in this direction		^

Air to Surface Replies

Message understood







Rocking wings

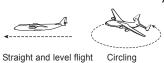
Any one of:

Flashing landing or navigation lights twice

MORSE by light

Message NOT understood - Repeat

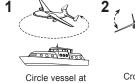




MORSE signal RPT by light

Air to Surface Direction Signals

Sequence of 3 manueuvres meaning proceed in this direction



least once



Cross low ahead of vessel rocking wings



Overfly vessel and head in required direction



Surface to Air Replies Message understood - I will comply

Change course to required direction





Morse code by light



Your assistance is no longer required



As a non preferred alternative to rocking wings, varying engine tone or volume may be used.





Morse code by light





Cross low astern of vessel rocking wings

